**Section A**
  Group 1:

1 - 140g   Flamingo Bent Knee, Twist Spin   **DD 2.9**
A Ballet Leg is assumed. The shin of the horizontal leg is drawn along the surface of the water to assume a **Surface Flamingo Position**. With the ballet leg maintaining its vertical position the hips are lifted as the trunk unrolls while the bent leg moves to a **Bent Knee Vertical Position**. The bent leg is extended to a **Vertical Position**. A *Twist Spin* is executed.
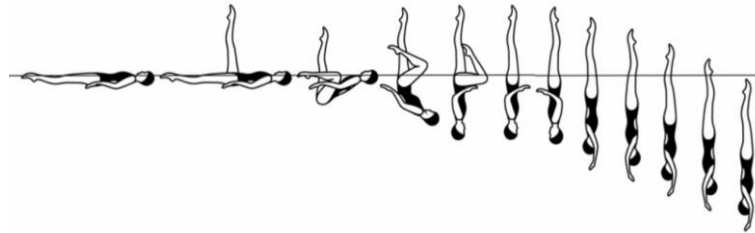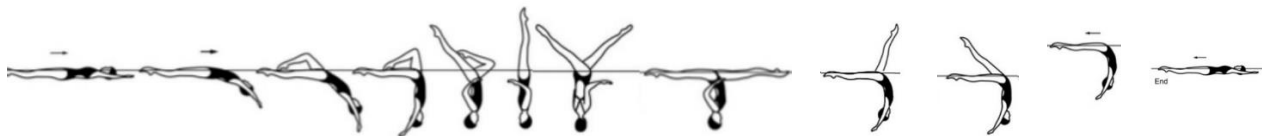

							Total
NVT=	10.5	11.0	7.5	20.0	16.5	48.0	113.5
PV =	0.93	0.97	0.66	1.76	1.45	4.23	10

2 - 437 Cyclone, Open 180°   **DD 2.6**
From a **Back Layout Position** *a Bent Knee Surface Arch Position is assumed.* The legs are simultaneously lifted to a **Vertical Position** as a *Twirl* is executed. Continuing in the same direction the legs are opened symmetrically to a **Split Position** as a 180° rotation is executed. A *Walkout Front* is executed.
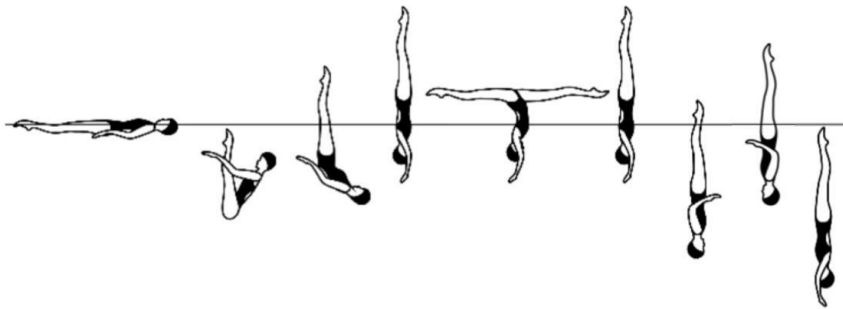

						Total
NVT=	17.5	29.0	20.0	23.0	7.0	96.5
PV =	1.81	3.01	2.07	2.38	0.73	10

1 - 308h Barracuda Airborne Split, Spin Up 180°   **DD 2.9**
From a **Back Layout Position** the legs are raised to a vertical as the body is submerged to a **Back Pike Position** with the toes just under the surface of the water. All remaining movements are performed rapidly. A *Rocket Split* is executed. A *Vertical Descent* is executed and is completed as the ankles reach the surface of the water. A *Spin Up 180°* is executed. A *Vertical Descent* is executed.

								Total
NVT=	7.0	31.0	17.0	13.0	13.0	20.0	13.0	114
PV =	0.61	2.72	1.49	1.14	1.14	1.75	1.14	10

2 - 407   Swordfish Straight Leg Ariana Rotation   **DD 2.6**
From a **Front Layout Position** the back arches as one leg is lifted in a 180° arc over the surface of the water to a **Split Position.** Maintaining the relative position of the legs to the surface of the water an *Ariana Rotation* is performed. A *Walkout Front* is executed**.**

					Total
NVT=	48.0	17.0	23.0	7.0	95
PV =	5.05	1.79	2.42	0.74	10