Youth Figures

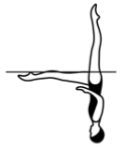
Group	Figure Number	Youth Figure Name	DD
1	356J	Whip Combined Spin 360°	3.4
	407	Swordfish Straight Leg Ariana Rotation	2.6
2	368	Phoenix	3.6
	367	Barracuda Bent Knee Twirl Spin 180°	2.3
3	130f	Flamingo Continuous Spin 720º	2.9
	369	Universe	2.8
4	442	Spiral Twirl Twist	3.1
	370	Barracuda Airborne Split Catch Spinning 360º	2.6

WORLD AQUATICS

Youth Figures – Group 1

WHIP COMBINED SPIN 360°

From a Front **Layout Position** a *Front Pike Position is assumed*. The legs are lifted to **Vertical Position**. All remaining movements are performed rapidly. One leg is lowered to a **Fishtail Position** and without a pause is lifted to a **Vertical Position**. Without a pause a rapid *Combined Spin 360º* is executed. A rapid *Vertical Descent is executed.*

								Total
NVT=	6.0	33.0	22.5	20.5	42.0	13.0	137	
PV =	0.44	2.41	1.64	1.50	3.07	0.95	10	

Video 1: https://youtu.be/sPLsoJAGQ2I

Video 2:



Youth Figures – Group 1

SWORDFISH STRAIGHT LEG ARIANA ROTATION

From a **Front Layout Position** the back arches more as one leg is lifted in a 180° arc over the surface of the water to a **Split Position**. Maintaining the relative position of the legs to the surface of the water an *Ariana Rotation* is performed. A *Walkout Front* is executed.

					Total
NVT=	48.0	17.0	23.0	7.0	95
PV=	5.05	1.79	2.42	0.74	10

Video: https://youtu.be/aRxBk8xbRC0

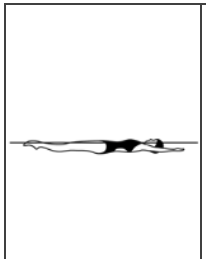
Video: https://youtu.be/0JPwugli08k



Youth Figures – Group 2

PHOENIX

From a **Back Layout Position** the legs are raised to vertical as the body is submerged to a **Back Pike Position** with the toes just under the surface of the water. A *Thrust* is executed to ***Vertical Position.*** A rapid *Spin 360°* is executed to the ankles. Continuing in the same direction a rapid inward *Spin Up 180°* is executed as one leg bends to assume a **Bent Knee Vertical Position**. The bent leg is extended to a **Vertical Position**. The opposite leg bends as the legs lower to assume a **Bent Knee Surface Arch Position**. The bent leg is straightened to assume a **Surface Arch Position**. With continuous motion an *Arch to Back Layout Position* is executed.

									Total
NVT=	7.0	31.0	39.0	15.0	16.5	21.0	11.5	7.0	148
PV =	0.47	2.09	2.64	1.101	1.11	1.42	0.78	0.47	10

Video: https://youtu.be/PZtv1lAdtOY

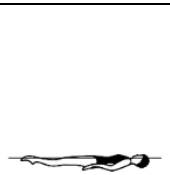
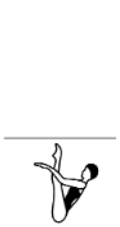
Video: https://youtu.be/7ALmbuAgt0M



Youth Figures – Group 2

BARRACUDA BENT KNEE TWIRL SPIN 180°

From a **Back Layout Position** the legs are raised to a vertical as the body is submerged to a **Back Pike Position** with the toes just under the surface of the water. A *Thrust* is executed to a **Vertical Position**. A *Twirl* is executed as one leg is lowered to a **Bent Knee Vertical Position**. Continuing in the same direction and without a pause a rapid *180° Spin* is executed as the bent knee is extended to a **Vertical Position** completed as the ankles reach the surface of the water. A rapid *Vertical Descent* is executed.

						Total
NVT=	7.0	31.0	26.0	16.0	0	80
PV =	0.88	3.88	3.25	2.0	0	10

Video: https://youtu.be/PKgSqMYI_ao

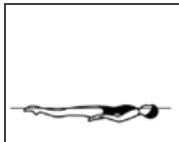
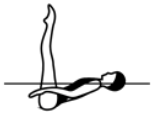
WORLD AQUATICS



Youth Figures – Group 3

FLAMINGO CONTINUOUS SPIN 720º

A *Ballet Leg is assumed*. The shin of the horizontal leg is drawn along the surface of the water to assume a **Surface Flamingo Position**. The bent leg is straightened to a **Surface Ballet Leg Double Position**. Maintaining the vertical position of the legs, the hips are lifted as the trunk is unrolled to **Vertical Position**. A *Continuous Spin* 720° is executed.

							Total
NVT=	10.5	11.0	7.5	13.0	34.0	34.0	110
PV=	1.01	1.00	0.68	1.18	3.09	3.09	10

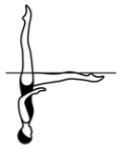
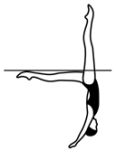
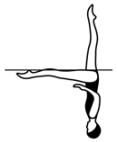
Video: https://youtu.be/SBDD1bzoPww



Youth Figures – Group 3

UNIVERSE

From a **Front Layout Position** a *Front Pike Position is assumed*. A rotation of 180° is executed as one leg is lifted to a **Fishtail Position**. As the vertical leg maintains its vertical line, the horizontal leg is rapidly lifted through an arc of 180° to assume a **Knight Position**. Maintaining the vertical alignment, the body rotates 180° to assume a **Fishtail Position**. Continuing in the same direction a *Twirl* is executed as the horizontal leg is lifted to a **Vertical Position**. A rapid *360° Spin* is executed. A rapid *Vertical Descent* is executed.

								Total
NVT=	6.0	15.5	26.0	14.0	23.5	21.0	0	106
PV=	0.57	1.46	2.45	1.32	2.22	1.98	0	10

Video: https://youtu.be/FsESDhh26vg



Youth Figures – Group 4

SPIRAL TWIRL TWIST

From a **Back Layout Position** a *Surface Arch Position is assumed*. From the **Surface Arch Position**, the legs are lifted to assume a **Vertical Position**. A *Twirl* is executed. Continuing in the same direction a *Full Twist i*s executed. A *Vertical Descent* is executed.

						Total
NVT=	12.0	37.0	26.0	32.0	14.0	121
PV =	0.99	3.06	2.15	2.64	1.16	10

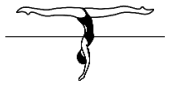
Video: https://youtu.be/LNu8TM3vhak



Youth Figures – Group 4

BARRACUDA AIRBORNE SPLIT CATCH SPINNING 360º

From a **Back Layout Position** the legs are raised to a vertical as the body is submerged to a **Back Pike Position** with the toes just under the surface of the water. A *Thrust* is executed to a **Vertical Position**. Maintaining maximum height, the legs are split rapidly to assume an **Airborne Split Position**, followed by a *Catch* in the maximum sustained **Vertical Position**. A rapid *Spin 360º* executed. A rapid *Vertical Descent* is executed.

							Total
NVT=	7.0	31.0	17.0	18.0	21.0	0	94
PV=	0.74	3.30	1.81	1.91	2.23	0	10

Video: https://youtu.be/YF180Zoqm6k

